



Hollidaysburg Area YMCA  
**Community Wellness**  
*Challenge Series*

**KEN BRUMBAUGH MEMORIAL RACE - SUNDAY, MARCH 21, 2009 1:00PM**

**COURSE DESCRIPTIONS:**

**5 MILE RUN:**

Out and Back course. Uphill start for 2.4 miles to turn around. Downhill finish for 2.6 miles into the park.

**2 MILE RUN:**

An uphill climb on a safe and appropriately challenging course.

**2 MILE WALK:**

Walkers will start in the Park, then turn right out of Park and right again onto 58th Street. Loop around to finish in back of park.

***DUE TO SAFETY CONCERNS PLEASE  
REFRAIN FROM WEARING IPODS***

**REGISTRATION:**

The first 250 registered participants are guaranteed a race T-shirt.

**DAY OF RACE REGISTRATION:**

Race registration on the day of the race is only available from 11:30 am - 12:40 pm at Leopold Park, Altoona, PA. Anyone not registered by 12:40 pm will be turned away, so please come early if you plan to register the day of the race.

	<b>Family Rate</b> <small>(2 or more from the same household)</small>	<b>Individual Rate</b>
<b>Early Registration (Until March 7)</b>	<b>\$13</b>	<b>\$17</b>
<b>Pre-Registration (Mar. 8 - Mar. 20)</b>	<b>\$18</b>	<b>\$22</b>
<b>Day of Race Registration</b>	<b>\$28</b>	<b>\$28</b>

**Ages 8 & Under FREE** (must pre-register, NO day of race registrations, NO online registrations)

**RACE PACKET PICK-UP:**

**BEFORE THE RACE:**

Race packets are available at the Hollidaysburg Area YMCA on Friday, March 19 from 5 am to 9 pm and on Saturday, March 20 from 7 am to 7 pm.

**DAY OF THE RACE:**

Race packets are available for pick up the day of the race at Leopold Park, Altoona, PA from 11:30 am to 12:40 pm.

**AWARDS CEREMONY:**

Awards will be given out immediately following the race. We will be awarding medals for the following categories:

~5m run top 3 overall finishers

~2m run & 2m walk overall top finishers

~ Awards will also be given out to the top three male and female finishers in the 5m run, 2m run and 2m walk- in the following age categories:

12& Under, 13-17, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 & Over.

**~Fleece beanies will be given out to overall winners.**

**~ Award winners are asked to remain for the Awards Ceremony as no awards will be mailed.**

<b>2009 KEN BRUMBAUGH RACE RESULTS:</b>		
<b>5 Mile Run</b>		
Overall Male:	AJ Kelly	28:39
Overall Female:	Stephanie Blackstone	31:28
<b>2 Mile Run</b>		
Overall Male:	Damien Bilka	12:29
Overall Female:	Alyssa Beyer	14:28
<b>2 Mile Walk</b>		
Overall Male:	William Obert	17:26
Overall Female:	Sherry Obert	17:26

**NO PETS ALLOWED**

**YMCA Ken Brumbaugh Memorial Race**

Register online at  
<http://www.hollidaysburgareaymca.org>

Mail registrations to:  
 Hollidaysburg Area YMCA  
 1111 Hewit Street, Hollidaysburg, PA 16648

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age (Race Day): \_\_\_\_\_

Sex:  M  F

T-Shirt Size:  S  M  L  XL

Youth M

Race:  5m Run  2M Run  2M Walk

**OPTIONAL**

I will be participating on a Team

Team name: \_\_\_\_\_

Team Captain name: \_\_\_\_\_

**Payment Information:**

Check MasterCard Visa Discover

Credit Card #: \_\_\_\_\_

Expiration: \_\_\_\_/\_\_\_\_

**Waiver:** In submitting this entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge the Hollidaysburg Area YMCA and all event sponsors, event volunteers and workers and their offices, directors, agents, successors and or assigns for any and all injuries suffered by me at this event. I attest that I am physically fit and prepared for this event. I understand I may be photographed and agree to allow my photo, video or film likeness to be used for legitimate purpose by any of the aforementioned parties.

Signature: \_\_\_\_\_  
 Parent/Guardian if under 18

Date: \_\_\_\_\_

**All Participants must Complete an Application.**